



長野県 地域発元気づくり支援金活用事業

THE MOST FUN RUN & WALK EVENT IN JAPAN

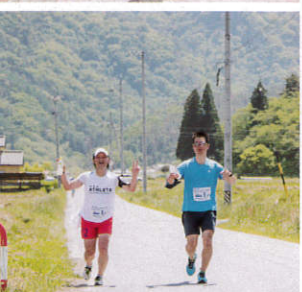


RUN & WALK

along with Historic Bessho Line

Saturday May 19 2018

This unique running and walking event is fun for everyone. See Japan's beautiful countryside. Follow this historic train-line and see the well preserved stations along the way.



Date May 19 (Saturday) 2018 (8:30am-4pm)

Place: Ueda city, Nagano Pref.
Distance: Ueda Castle to Bessho Onsen Spa
Course (A) Bessho Line Course (along with Bessho line from Ueda castle to Bessho onsen spa.) 18km
Course (B) Historical Temple & Shrine Course (For tough runners. some hilly and off-road areas) 20km
Start: Ueda Castle Park
Goal: Aisome Spa, Bessho Onsen Spa resort.
Time Schedule: Registration:8:30am -9:30am
Race Start:10:00am **Event cutoff:**3:00pm
Participation fee ¥4,400 adult, ¥2,700 children 13-18, ¥2,200 children under 13 (children under 6 free)

Participants receive 1) Round trip tickets between Ueda and Bessho Onsen spa.
2) Aisome Spa admission ticket
3) Event memorial gift

○主催：別所線と走ろう実行委員会 ○共催：別所線の将来を考える会、うえだミックススポーツクラブ
○協賛：(株)メダリスト・ジャパン、若林醸造(株)、カスタムプロデュース(株)、BROOKS、Zerofit、信州ハム(株)、Ario アリオ上田
○後援：上田市、上田市教育委員会、信濃毎日新聞社、上田電鉄(株)、別所温泉観光協会、別所温泉旅館組合、別所線電車存続期成同盟会
○協力：TAG CLUB、Club TOSHI、待学園スクオーラ人、スポーツサイクルペレニョ、スローライフプロジェクト、まるこ福祉会(とんぼハウス)、やまぼうし自然学校、リスタート・ランニングクラブ、ずくだせ農場、太郎山園生会

RUN or WALK designated route from Ueda Castle to Bessho Onsen spa along with Bessho Line(railways). You can also ride Bessho Line anytime you want.

Commemorative events

- Welcome bazar and food booths at the goal area.
- Welcome music of entertainment along the course.



For more information, Contact

Run and Walk with Bessho Line Organizer Office
TEL:03-3465-2888 FAX:03-3465-2444
besshosen@sports-fitness.co.jp

RUN&WALK along with Historic Bessho Line 2018 Application Form FAX : 03-3465-2444

Name	Sex	Date of birth	Year	Month	Date
Address 〒					
E-mail address	Contact Ph No#				

Next Year Event Schedule
May 25 2019